

THINGS TO BRING

SLEEPING BAG OR LINENS/BLANKET

REFILLABLE WATER BOTTLE

PILLOW – PILLOWS ARE NO LONGER PROVIDED BY THE RETREAT FACILITY.

PERSONAL TOILETRIES

WASH CLOTH & TOWEL (most forgotten item!)

COMFORTABLE CLOTHING FOR TWO DAYS

EACH PERSON SHOULD BRING A BOTTLE OF SODA, ICE TEA OR WATER TO BE SHARED WITH THE GROUP – water is most popular drink.

EACH PERSON SHOULD BRING A SNACK FOOD TO BE SHARED WITH THE GROUP. FRUIT SUCH AS APPLES, BANANAS, AND CLEMENTINES ARE ALWAYS WELCOME. INDIVIDUALLY PACKAGED WOULD BE GREAT.

HOMEBAKED ITEMS ARE ALSO A BIG HIT BUT NOTHING YOU NEED A FORK OR KNIFE TO EAT (COOKIES, PRE-CUT BROWNIES, ETC)

NOTHING WITH NUTS PLEASE!

THINGS NOT TO BRING

PORTABLE SPEAKERS

GAMEBOYS/ELECTRONIC GAMES

HOMEWORK

MONEY/VALUABLES