

SACRAMENT OF BAPTISM

Communal Baptisms are held every month on the first Sunday at 1:30pm and on the third Saturday at 11:00am (with some exceptions). Register a month or two in advance for the Baptismal Program.

SACRAMENT OF RECONCILIATION (Confessions)

Saturday 1:00pm-2:00pm & Monday 7:00pm-7:30pm (Sept-May)
Other times by pre-arranged appt. with a priest. Communal Penance celebrations (with individual confessions) are celebrated in Advent and Lent and will be announced.

RITE OF CHRISTIAN INITIATION OF ADULTS

Those who wish to enter the Catholic faith and Catholics who wish to complete the sacraments of First Eucharist and Confirmation are most welcome to begin the journey at any time.
Call the Rectory.

SACRAMENT OF MARRIAGE

Registered parishioners regularly practicing the Faith at our Parish are welcomed to contact the Rectory one year in advance of a proposed wedding date. Specific dates are only discussed after meeting with a Priest. Couples must attend a pre-Cana program and provide required Sacramental and other documentation.

VOCATIONS

Is God calling you to the priesthood or religious life?
Speak to one of our priests or call the Archdiocesan Vocations Office at 973.313.6190, Newarkpriest.com

SACRAMENT OF THE SICK

The Sacrament of the *Anointing of the Sick* will be administered at anytime in an emergency and also at parish celebrations during the year. Consult the bulletin for dates. *Communion* is brought to the sick, the elderly and the homebound by priests of the parish and by Eucharistic ministers. The priests also visit the local hospital regularly. If you or a family member is hospitalized, please contact the Rectory to make arrangements.



The Parish Family of

OUR LADY OF MOUNT CARMEL

One Passaic Street, Ridgewood, New Jersey 07450
www.olmcridgewood.com

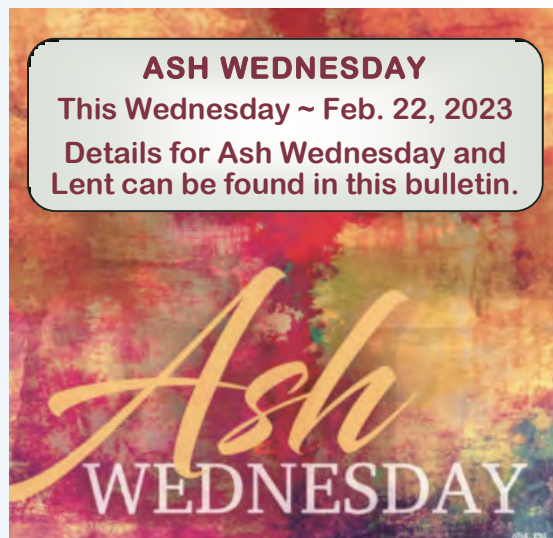
Our Mission

We the people of Our Lady of Mount Carmel Parish believe in Jesus Christ and embrace his teachings. Inspired by the Holy Spirit, we accept His call to be the Light of the World through Word, Worship, Community Building and Service to all.

ASH WEDNESDAY

This Wednesday ~ Feb. 22, 2023

Details for Ash Wednesday and Lent can be found in this bulletin.



February 19, 2023



PARISH DIRECTORY
www.olmcridgewood.com

Parish Office: 1 Passaic Street, Ridgewood, NJ 07450-4309
Phone: 201.444.2000 Fax: 201.444.2002

Parish Office Hours
Monday-Friday—9AM-8PM | Saturday-Sunday—9AM-2PM

SERVED BY

Rev. Msgr. Ronald J. Rozniak, P.A., Pastor
Ex. 201, ronr@olmcridgewood.com
Rev. Anthony Palombo, Parochial Vicar
Ex. 202, apalombo@olmcridgewood.com
Rev. Frank J. Fano, Parochial Vicar
Ex. 203, ffano@olmcridgewood.com
Rev. Mert J. Cordero, Valley Hospital Chaplain
Rev. Stephen Toth, Valley Hospital Chaplain
Valley Pastoral Care Office: 201.447.8148
Deacon Robert V. Thomann
robert_thomann@msn.com
Deacon Nicholas J. DeLucca
ndelucca@olmcridgewood.com
Deacon Bob Liwanag
bob.liwanag@olmcridgewood.com
Deacon Robert Burkot
Ext. 215, rburkot@olmcridgewood.com

MINISTRY ASSOCIATES

Peter Denio, Pastoral Associate for Adult Faith Formation
201.739.2674, pdenio@olmcridgewood.com
Sr. Mary Spano, Pastoral Associate for the Sick, Elderly, Homebound
Ext. 402, mspano@olmcridgewood.com
Peter W. Sicko, Director of Music Ministry
Ext. 207, MtCarmelMusic58@aol.com
Cathy Hunt, Parish Catechetical Leader
201.444.0211, Ext. 401, chunt@olmcridgewood.com
Pat McGarvie, Asst. Parish Catechetical Leader
201.444.0211 Ext. 400, pmcgarvie@olmcridgewood.com
Glen McCall, Director, Parish Youth Ministry
201.444.9302, Ext. 300, gmccall@olmcridgewood.com
Giana Castelli, Director of Junior High Youth Ministry
201.444.9302, Ext. 302, gcastelli@olmcridgewood.com
Ms. Katharine Clemente, Interim Principal,
Academy of Our Lady Parish School,
201.445.0622, kclemente@academyofourlady.org
Tom Strahle, Chair, Parish Council
t.strahle@att.net

SUPPORT STAFF

Peggy Frazza, Parish Secretary
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201.444.9302, Ext. 301, jhernandez@olmcridgewood.com
Natalie McKenna, Safe Environment Coordinator
Ext. 403, nmckenna@olmcridgewood.com

Dear Friends,

Wednesday of this week is **ASH WEDNESDAY**, the beginning of Lent. As you have heard many times before, the word Lent derives from a German root which meant—spring—as in the season, but originally meant—long—referring to the time of year during which the days grew longer. While spring is still more than a month away, the temperatures have certainly put us in a more spring-like mood than in a winter mood (let's hope it stays like that through March). And Daylight Savings Time begins in only three weeks.

Lent should be a truly special time of the year for Christians, much the same as Ramadan is for the Muslims. It is a time to take stock of our lives, at the same time performing acts of sacrifice and penance to change those aspects of our lives that turn us away from God. It is a time to allow God to grow Himself more deeply in our hearts and therefore in the ways we live our lives. Couldn't we all benefit from that? If this is the springtime of our progression from Covid, at the same time may it be the springtime of God's lengthening presence in our lives.

I encourage everyone, man, woman and child to take this Lent more seriously than at any other time. Do something that's a real sacrifice. Challenge yourself in ways that you never thought possible. Sacrifice something that you really like, like sleep, getting up a bit earlier to go to daily Mass (6:30, 8:30 or 12:00). Or say a Rosary everyday or read a chapter from one of the four Gospels each day. Or fast every day of Lent (Monday thru Saturday, like in the "old days, or, if that's too much, Wednesdays and Fridays (see the piece in the bulletin about what fasting entails). Encourage your children to sacrifice something they really like, such as giving up some time on one of their electronic gadgets, using that time to help you or someone else). And help them to stick to it throughout the whole season. As a society, we rarely speak about sacrifice but we practice it every day; teenagers sacrifice time with their friends in pursuit of athletic excellence, dads sacrifice early nights at home for that extra advantage at work, moms either sacrifice career opportunities to be stay-at-home or time with their children because they need to be "working moms." People sacrifice all the time, without identifying it as sacrifice. The Church invites us not only to do it, but to name it so that we may focus all our spiritual energies during this "spring" time, lengthening the awareness of God's presence in our lives. For the past three years, our focus has been on the pandemic, how to stay safe and how to get through it. With it (the pandemic) fading into the background, but I would not say "over," maybe we can look at the broader aspects of our lives and examine if God really holds a special and center place. If not, Lent is the time to put Him there.

Of course, don't forget to get off to a good start by coming to church on Ash Wednesday to receive that one, special sign which is one of the signature signs of being a Catholic,

although many Christian denominations have now returned to the practice—ashes. Masses will be celebrated at 6:30AM, 8:30AM, 12:00 noon and 7:30 PM. Services (but not Mass and therefore, no Holy Communion), will be celebrated at 4:00PM, and 5:30PM. At all of these celebrations, the ashes are distributed after the Gospel and homily.

Another good way to allow Lent to have a deeper meaning in your life is the celebration of the Sacrament of Reconciliation, Penance, confession. Confessions are heard every Saturday, from 1:00PM-2:00PM, with two priests hearing, and on Monday evenings at 7:00PM. Don't wait for Holy Week. Avoid the rush and go to confession early.

Make this Lent the most memorable since Covid struck in March 2020. By the time it's over, you'll see the difference.

Blessings for a fruitful Lent,
Fr. Ron

PS. I haven't forgotten that we're still in the early phases of the **Annual Appeal**. I just thought I would take a break this weekend from words on the Appeal to concentrate on what is certainly of greater importance—our spiritual life and a time of the year especially dedicated to deepening that life with the Lord. More on the Appeal next week.

STEWARDSHIP

"For he (the heavenly Father) makes his sun rise on the bad and the good, and causes rain to fall on the just and the unjust." Jesus' words in today's Gospel remind us that everything is gift from God, the sunshine, the rain, and all manner of blessings. The Christian Steward understands this and returns a portion of those blessings, specifically his/her **Time, Talent and Treasure**. If you know you are blessed, how do you show it? Or do you?

The parish Stewardship of Treasure in the in-pew collection last week was \$11,597. God bless your generous return of the Lord's gifts to you, in support of Gospel. Electronic giving helps the parish better manage its resources. Give some thought to using this tool to help that effort. The , **WeShare** graphic, on the homepage of the website will take you there.



MASSES

6:30AM 8:30AM 12:00NN 7:30PM

SERVICES

4:00PM 5:30PM

Ashes will be distributed immediately following the homily at the Masses and Services.

ARCHDIOCESE OF NEWARK 2023 LENTEN REGULATIONS

1. The days of both Fast and Abstinence during Lent are Ash Wednesday and Good Friday. If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast, only one (1) full meal is permitted, **and two (2) smaller meals, which, if added together, would not exceed the main meal in quantity.**

Those between the ages of 18 and 59 are obliged to fast.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged by the law of abstinence.

2. The obligation to observe the laws of Fast and Abstinence "substantially", or as a whole, is a serious obligation.
3. The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the traditional abstinence from meat some other practice of voluntary self-denial as penance.
4. The time for fulfilling the Paschal Precept (Easter Duty*) extends from the **First Sunday of Lent, February 26, 2023 to the Solemnity of the Most Holy Trinity, June 4, 2023.**

*Canon 920, §1. *All the faithful, after they have been initiated into the Most Holy Eucharist, are bound by the obligation of receiving Communion at least once a year.*



PARISH OFFICES CLOSED MONDAY—FEB. 20TH NO CONFESSIONS MONDAY EVENING



All parish offices will be closed tomorrow, February 20th. The only Mass celebrated will be at 8:30AM.

NO CONFESSIONS MONDAY EVENING

A Priest is always available for emergencies.

Seventh Sunday in Ordinary Time



RELIGIOUS EDUCATION

WHEN FAMILIES GATHER

February Sessions

If you've not participated in your required February group activity yet, please select from the two remaining sessions below.

Virtual with Colleen Kelly

Sunday, February 26—1:45PM-2:45PM

Monday, February 27—7:00PM-8:00PM

SUMMER RELIGIOUS EDUCATION IS BACK FOR 2023!

Program Dates: June 23-June 30

We will once again partner with St. Catharine's in Glen Rock to offer a summer Religious Education Program. Open to students entering Grades 1-6, the summer program will take place at St. Catharine Parish—weekdays from Friday, June 23 through Friday June 30, 9:00AM-12:30PM.

REQUIRED PARENT INFORMATION MEETING

If you would like your child to participate in this program, **you must attend one of two parent meetings below:**

February 27—9:30AM

Our Lady of Mount Carmel Parish Center

February 28—7:00PM

St. Catharine Church Community Hall



DRAWINGS BEGIN MARCH 10TH ..GET YOUR TICKETS NOW!

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OR CALLING SUZANNE NATHANSON: 551.208.4967

(CHECKS PAYABLE TO: ACADEMY OF OUR LADY)

TICKETS WILL BE AVAILABLE AFTER THE

**SATURDAY 5:30PM & SUNDAY 9:30AM & 11AM MASSES
THIS WEEKEND.**

SUBSTITUTE TEACHERS NEEDED

Academy of Our Lady is in need of substitute teachers. Background check and attendance at Protecting God's Children workshop are required. If interested, contact Katie Branagh, 201.445.0622

RITE OF CHRISTIAN INITIATION FOR ADULTS

Our Lady of Mt. Carmel Ridgewood parish is conferring the Rite of Christian Initiation of Adults (RCIA) Rite of Parish Celebration for Sending Catechumens for Election and Candidates for Recognition by the Bishop on February 19, 2023 at the 11:00AM Mass. Msgr. Ron, will be the celebrant.

The Rite of Sending is an invitation to the parish community to officially send to the bishop those who are on a journey to receive their sacraments during Easter. The non-baptized catechumens are to celebrate their election to receive Baptism, Confirmation, and Eucharist. The baptized candidates are to celebrate their journey to receive Confirmation and, for some, also the Eucharist.

The celebration of the RCIA rites of recognition by the bishop is at the Cathedral Basilica of the Sacred Heart in Newark. The celebrant is Cardinal Joseph Tobin.

The candidates are to receive the Rite of Calling the Candidates to Continuing Conversion on February 25, 2023 at the 11:00AM Mass. This rite is to encourage the candidates to continue their spiritual transformation and conversion. The candidates from OLMC are: Kelly Belo, Alexandra Martins, Vladimir Bruno, Leti Camacho, and Andrew De Avila.

The catechumens are to receive the Rite of Election on February 26, 2023 at 2:00PM. This rite is to enroll the non-baptized, judged by the Catholic Church on the basis of catechists and godparents, to be spiritually ready for the sacraments of initiation. The catechumen from OLMC is: Stella Song.

The OLMC parishioners are invited to offer prayers for our Easter 2023 catechumen and candidates to give them the strength, understanding, and commitment to become lifetime disciples of Jesus Christ.



Ministry of Motherhood (MOMs)

**WEDNESDAY, MARCH 1ST
9:15AM—PARISH CENTER**

**MOMS OF ALL AGES WELCOME! COMPLIMENTARY BABYSITTING!
BRING A FRIEND!**

Guest Speaker: Cristina Giambalvo

Topic: Honoring God's Temple Throughout the Lifespan

**For more information, email Deirdre Costello
OLMCmomsridgewoodnj@gmail.com**



A Recurring Online Gift to Our Lady of Mt. Carmel is the best way to sustain the mission of this parish all year long.

Look for the **WeShare** link on our homepage
or call 877.316.0260

**PERPETUAL EUCHARISTIC ADORATION (PEA)
CHAPEL IS OPEN 24/7
EVERYONE IS WELCOME!**



*Attention Scheduled Adorers, Substitutes, Previous Adorers,
Visitors of the Blessed Sacrament, Friends & Family!*

**Join us for the
Perpetual Eucharistic Adoration Communion Breakfast
Saturday, March 4, 2023**

Mass: Our Lady of Mount Carmel Church—8:30AM

Celebrant: Fr. Ron

Concelebrants: Fr. Anthony, Fr. Frank, and Fr. John Ginty

Breakfast immediately follows at Seasons Catering
644 Pascack Road, Township of Washington.

\$65 per person, payable to OLMC
(PEA Communion Breakfast the memo line)

Mail check to: Cynthia Torres
618 Bartell Place, Ridgewood, NJ 07450

RSVP by February 27, 2023

This is the first PEA Communion Breakfast. Come, it is the “Experience.” Nothing to do but enjoy the presence of God in each other in a different but beautiful setting. It will be a lovely and holy event. If you can’t attend the breakfast, come to the Mass and give honor and thanksgiving to Jesus. If cost is of concern, please contact Cynthia at 551.574.1063.



**ARCHDIOCESE OF NEWARK
WEDDING ANNIVERSARY LITURGIES
to be celebrated at
The Cathedral Basilica of the Sacred Heart**

We are excited to announce that we are once again preparing the annual tradition of honoring those couples in our Archdiocese who will be celebrating five, twenty-five and fifty years of valid marriage for the Catholic faithful in the year 2023!

The 50th Anniversary Mass will be celebrated by Cardinal Joseph Tobin. The 5th and 25th Anniversary Mass will be celebrated by Bishop Gregory Studerus.

April 16, 2023 3:00PM 50 Years

Deadline to Register—April 7, 2023

May 7, 2023 3:00PM 5 & 25 Years

Deadline to Register—April 26, 2023

Note: Since we were unable to host these celebrations in 2020 and 2021, and many families are still playing ‘catch-up’ with their celebrations, any couple who would have celebrated their Silver or Gold Anniversary in those years may still join us. (Certificates will read “Silver” or “Gold,” not 26, 51, etc.)

**To register, contact Patti Roche
proche@olmcridgewood.com or 201.444.2000 x200**

THE WEEK AHEAD

Sun. Feb. 19	12:00NN CYO Basketball (Gym) 1:30PM RCIA (MR) 1:30PM Bell Choir Rehearsal (PCB) 4:00PM Spanish Apostolate (PC) 7:30PM Micale Confirmation Group (YCA)
Mon. Feb. 20	5:00PM CYO Basketball (Gym)
Tues. Feb. 21	4:00PM Religious Ed Grades 1-6 (Gym) 5:00PM Children's Choir (Church) 6:00PM CYO Basketball (Gym) 7:00PM Adult Choir (Church) 7:30PM Neocatechumenal Way (NCW)
Wed. Feb. 22	3:45AM Jr. High Grade 8 Makeup (PC) 6:00PM MOMs Meatless Dinner (PC) 6:00PM CYO Basketball (Gym) 7:30PM Neocatechumenal Way (NCW)
Thurs. Feb. 23	9:15AM MOMs Journal Group (Library) 1:30PM RCIA (Zoom) 5:00PM CYO Basketball (Gym) 7:00PM Discovering Christ (PC) 7:30PM Pray the Rosary (Chapel) 8:00PM Marriage Enrich/Prep (NCW)
Fri. Feb. 24	5:00PM CYO Basketball (Gym)
Sat. Feb. 25	7:30AM Men's Cornerstone (MR) 9:00AM CYO, AoOL Girls, Men's Bball (Gym) 10:15AM First Communion Retreat (Church) 7:30PM Neocatechumenal Way (NCW)

SAVE THE DATE

**Knights of Columbus
St. Patrick's Day Dinner Dance
Saturday, March 25, 2023**



**Dinner! Dancing! Entertainment!
More Information to Follow!**

PLEASE PRAY FOR THE ILL MEMBERS OF OUR PARISH

Reynaldo Caling, Art Carpenter, Ellin Carroll, Peter Colgan, Maria de la Rosa, Kay & Bill Forster, Joan D'Gerolamo, Agnes Duffy, Kitty Gill, Frank Gillen, Susan Hart-White, Marc Johnson, Tom Keleher, Claudia LaFrance, Anna Lobascio, Dennis Maloney, Juan Martinez, Cambell McArthur, Gemma Miller, Mark Mongon, Pat Mullen, Bea O'Rourke, Joseph Pasculli, Margaret Peak, Cathy Ricciuto, Gerard Rolling, Michael Runz, Donald Schwenker, Barbara Sidote, Don Strittmatter, Larry Switaj, Dennis Tomala, Walter John Zelop, Jr.

Parishioners may call the Rectory with the name of a family member who is sick to have them included in our prayers.

SEVENTH SUNDAY IN ORDINARY TIME



TODAY'S READINGS

Monday, Feb. 20 *Presidents' Day*
8:30AM For the People of the Parish

Tuesday, Feb. 21 *Saint Peter Damian*
Bishop and Doctor of the Church
+ **6:30AM Margaret & Stan Gordon**
req Patricia & David Hughes
+ **8:30AM Adele Rivas**
req The Bolduc Family
+ **12:00NN Al Lalonde**
req Maureen Mole

Wednesday, Feb. 22 *Ash Wednesday*
6:30AM Special Intention of Sylvia Pama
req Her Family
+ **8:30AM Margaret & Stan Gordon**
req Patricia & David Hughes
+ **12:00NN Mary & Larry Hanlon**
req Anne & George Skau
+ **7:30PM Patricia Engel**
req Peggy Frazza

Thursday, Feb. 23 *Saint Polycarp, Bishop and Martyr*
+ **6:30AM Linda Reilly & Mildred Reeves**
req Bob & Marge Reilly
+ **8:30AM Paul Hennessey**
req The Kranenburg Family
+ **12:00NN Juliann Franchina**
req Her Family

Friday, Feb. 24
+ **6:30AM Angelo Bove**
req Michelle & Joel Lustberg
+ **8:30AM Barbara Heintjes**
req The Mulvey Family
+ **12:00NN David Motherway**
req The Caffrey Family

Saturday, Feb. 25
+ **8:30AM Robert Thoman**
req His Parents
+ **5:30PM Moya McEnroe**
req Monica & Ed McCabe

Sunday, Feb. 26 *First Sunday of Lent*
8:00AM Special Intention of the Galasso Family
req Stefania Galasso
+ **9:30AM Gerald Davina**
req Laura Grasso
+ **11:00AM Dec'd Members, the O'Donnell Family**
req Peggy Mulqueen
+ **12:30PM Patricia Engel**
req Richard Engel
+ **3:00PM Vladi Santos**
req The DeCastro Family
6:30PM For the People of the Parish

1. Leviticus 19:1-2, 17-18

The third book of the Torah, given while the Israelites are encamped at the base of Sinai, is mostly addressed to the tribe of Levi, chosen to serve as the priests of the covenant. Today's excerpted text, however, is addressed to the whole community, indicating that all are called to holiness, not just the priestly class. God, Himself, is holy. As God's covenant partners, the Israelites are expected to reflect in their own lives every holiness, mercy and forgiveness.

2. 1 Corinthians 3:16-23

The word Paul uses for "temple" actually refers to the sanctuary, the very place where God dwells. In the Jerusalem Temple it refers to the Holy of Holies, the sacred room which only the High Priest could enter, and once a year. The believers in Jesus, both individually and collectively, are now that "temple," and the Spirit of God dwells in them. Championing individual preachers destroys that temple by causing divisions. All wisdom comes from God, not from the individual preachers who are only God's instruments.

3. Matthew 5:38-48

In this excerpted passage, Jesus continues offering concrete examples of how the disciples' righteousness must surpass that of the scribes and Pharisees and in doing so, fulfilling the commands of the Torah. In both instances cited by Jesus, this is done by a deeper inner commitment that sees beyond external reality. Since all are neighbors, even enemies and outsiders, the true disciple loves them and since they are loved, no vengeance can ever be justified. This broad vision of wholeness brings us close to the perfection that is found within God, Himself.

REFLECTIONS FOR THE WEEK

1. When do you feel truly holy? Are you an example of holiness to others?
2. What do you do to keep your ego in check?
3. How do you specifically respond to Jesus' command, "So be perfect, just as your heavenly Father is perfect"?

NEXT WEEKEND'S PRESIDERS

(always subject to change)

Sat.	2/25	5:30PM	Fr. Ron
Sun.	2/26	8:00AM	Msgr. Sheeran
		9:30AM	Fr. Anthony
		11:00AM	Fr. Frank
		12:30PM	Fr. Frank
		3:00PM	Fr. Lynx
		6:30PM	Fr. Ron

Late changes appear on the website after 12:00NN on the Saturday of that weekend.

PLEASE PRAY FOR OUR PARISHIONERS SERVING IN THE MILITARY:
Aedan Cannon, Matthew Casale, Edgar Delgado,
James Nardelli, Robert Smith



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Land Tour Dates: July 17, 2023 - July 25, 2023.
Land tour starting at \$3399 per person (based on double occupancy)
Fatima, Lourdes & Shrines of Spain Pilgrimage
Land Tour Dates: May 12, 2023 - May 23, 2023 | July 7, 2023 - July 18, 2023
Special Journey with Fr. Thomas Wilk April 17-29, 2023
Land tour starting at \$1969 per person (based on double occupancy)
Footsteps of Apostle Paul (Land and Cruise Tour)
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