

SACRAMENT OF BAPTISM

Communal Baptisms are held every month on the first Sunday at 1:30pm and on the third Saturday at 11:00am (with some exceptions). Register a month or two in advance for the Baptismal Program.

SACRAMENT OF RECONCILIATION (Confessions)

Saturday 1:00pm-2:00pm & Monday 7:00pm-7:30pm (Sept-May) Other times by pre-arranged appt. with a priest. Communal Penance celebrations (with individual confessions) are celebrated in Advent and Lent and will be announced.

RITE OF CHRISTIAN INITIATION OF ADULTS

Those who wish to enter the Catholic faith and Catholics who wish to complete the sacraments of First Eucharist and Confirmation are most welcome to begin the journey at any time. Call the Rectory.

SACRAMENT OF MARRIAGE

Registered parishioners regularly practicing the Faith at our Parish are welcomed to contact the Rectory one year in advance of a proposed wedding date. Specific dates are only discussed after meeting with a Priest. Couples must attend a pre-Cana program and provide required Sacramental and other documentation.

VOCATIONS

Is God calling you to the priesthood or religious life? Speak to one of our priests or call the Archdiocesan Vocations Office at 973.313.6190, Newarkpriest.com

SACRAMENT OF THE SICK

The Sacrament of the *Anointing of the Sick* will be administered at anytime in an emergency and also at parish celebrations during the year. Consult the bulletin for dates. *Communion* is brought to the sick, the elderly and the homebound by priests of the parish and by Eucharistic ministers. The priests also visit the local hospital regularly. If you or a family member is hospitalized, please contact the Rectory to make arrangements.

Our Lady of Mount Carmel
One Passaic Street, Ridgewood, NJ 07450 ~ www.olmcridgewood.com





Catholic Schools
United in Faith and Community

Celebrate Catholic Schools Week 2025

JANUARY 26 - FEBRUARY 1

#CSW2025

Celebrating Our Parish

Celebrating Our Students

Celebrating Vocations

Celebrating Our Community

Celebrating Our Nation

Celebrating Our Families

Celebrating Our Staff & Volunteers

PARISH DIRECTORY
www.olmcridgewood.com

Parish Office: 1 Passaic Street, Ridgewood, NJ 07450-4309
Phone: 201.444.2000 Fax: 201.444.2002

Parish Office Hours
Monday-Friday—9AM-8PM | Saturday-Sunday—9AM-2PM

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Dear Friends,

-Some important weekends coming, beginning with this weekend.

-As you can see from the front cover of the bulletin, at least half of it, today is **The Sunday of The Word of God**. On September 30, 2019 (only 6 months before the pandemic in the United States), Pope Francis proclaimed the 3rd Sunday of Ordinary Time as the *Sunday of the Word of God*. In that proclamation, the Pope reminded us that the life of the Christian must be marked by his/her relationship with the “living word” that the Lord never tires of speaking to his people. He calls the Bible the “people’s book,” which speaks to us of Christ and helps us to believe in all that He has said and done. The Scripture is a fascinating treasure of God’s relationship with the people He has chosen, first forming the people of the Old Covenant and then, the people of the New Covenant and their successors—us. We are “people of the Book.” And the Book, Sacred Scripture, speaks to us, not only of the ongoing formation of those relationships, but of our relationship with that very same God and His presence in our lives. Our vehicle for recognizing that presence and for accompanying Jesus is **THE BOOK, The Word of God**. To highlight the importance of Scripture in our relationship with our God, and especially with our Lord, Jesus Christ, the Book of the Gospels will be “enthroned” in the sanctuary after the reading of the Gospel at each Mass. Please remain standing after the Gospel is proclaimed.

-This weekend marks the beginning of **Catholic Schools Week**, as you can see from the other half of the bulletin cover. It is a week which showcases the achievements of and contributions of Catholic schools, particularly our own school, **The Academy of Our Lady**, the co-sponsored school (as in :joint venture) of Mt. Carmel and St. Catharine’s parish, Glen Rock. The Academy is accredited by Middle States and acknowledged as a Blue Ribbon School. As a Blue Ribbon School, the Academy is acknowledged for its academic excellence. This award from the Federal Government’s Department of Education is given to schools, and not school districts and only a limited number are acknowledged each year. And this “competition” is open to all schools, public, private and religious. And so the Academy is rightly proud of its status as a Blue Ribbon School.

While the Academy makes many contributions to the formation of our young people, academically, athletically and socially, its greatest contribution is to the religious formation of our children. It is a place where God’s love can be openly mentioned, practiced and lived; where the Gospel message permeates the life of the school and the students and where that same love unites the student body as a community of faith. NO where else can this happen.

Catholic Schools Week begins with an **Open House**, at the Academy, today, from 11:00am-1:00pm. There is a second

opportunity to attend the Open House on Tuesday, 1/28, from 9:00am-11:00am. I invite, and encourage, all our families, especially families with young children, to attend the Open House and see the difference a Catholic School education can make in the lives of your children. I don't think you'll be disappointed.

-Next Sunday, February 2, is the Feast of the Presentation of the Lord, marking Mary and Joseph's observance of a ritual of the Old Law in which the first born male child is presented to the Lord and "bought back" by the ritual sacrifice of some animal, in remembrance of the saving of the first born of the Hebrews when the Angel of the Lord struck the first born of the Egyptians on the night of Passover. This was to be done 40 days after the birth of the child (and is sometimes confused with the circumcision). February 2nd is 40 days after Christmas. In the pre-conciliar liturgy, Feb. 2 actually marked the end of the Christmas season. It was during this Presentation that the holy man, Simeon, uttered his famous prophecy, the child would be a light for revelation to the Gentiles, the rise and fall of many in Israel, a sign to be contradicted. In commemoration of those words, especially a light for the nations, candles were blessed for church and home use. Hence, the day is also called Candlemas Day. The last time it fell on a Sunday was Feb. 2, 2020, six weeks before the darkness of the pandemic. We will celebrate it this year with special rituals at the Sunday masses.

Grace and Peace,
Fr. Ron

STEWARDSHIP

"Today is holy to the Lord your God. Do not be sad... Go, eat rich foods and drink sweet drinks, and allot portions to those who had nothing prepared." The words of today's 1st Reading are a reminder that those to whom God has been generous are instructed to share those blessings with those who are in need. The Christian Steward understands that the practice of **Stewardship** expects this, not only in terms of **Treasure**, but **Time and Talent**, as well.

The parish Stewardship of Treasure last week was \$15,773. God bless all who are generous with their **Time, Talent and Treasure** in building the Kingdom. Since this is the last Sunday in January, you could still make a New Year's Resolution to jump to electronic giving, **WeShare or Venmo**, in support of the Church's mission to announce the Gospel.



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is the best way to sustain
the mission of this parish
all year long.



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All families are invited!

ACADEMY
of
OUR LADY



Catholic Schools Week
OPEN HOUSE

TODAY Sunday, Jan. 26th | 11am - 1pm

180 Rodney Street, Glen Rock

Excellence in Catholic education, Pre-K through Grade 8

We're Flying: Take Two

By Ms. Katharine Clemente—Principal, AoOL

In 2020, my bulletin article for Catholic Schools Week was themed to reflect that year's spring musical, *Peter Pan Jr.* No one knew at the time that we'd never actually get the chance to perform it on the stage. We did an abbreviated version of it through the magic of the internet, but it was, like so many things that year, a bit disappointing, and a bit depressing. But now it seems we have a second chance, and without jinxing it too much, I am optimistic that this year's performance of *Peter Pan Jr.* will be magical in its own right. Second chances, moving forward, and learning to live with disappointment, while also living in hope—pretty big takeaways from simply getting to redo a show five years later, but they are my own personal takeaways to be sure. And I can't help thinking those ideas are at the core of what Jesus teaches us. Reconciliation and the Eucharist afford us the opportunity for second chances and moving forward. And we are taught that often times our prayers are answered not in the way we want or expect, but in the way God knows is best. And sometimes that can lead to earthly disappointment. Only in Catholic schools are we able to explore these ideas so deeply, and express them so freely.

This year we have had many new families join and some families, who had left us for a time, return to Academy of Our Lady. They have welcomed a second chance. And I hope they discover that the second time around is even better, for as our community grows, so do our chances to experience Jesus in those around us. I am heartened by the welcome or welcome back our families have received by current students, families, faculty and staff alike. And I am happy to see our new and returning families jumping right in to our school events and investing their time and talent into becoming even more a part of our community. Growing by nearly 20% this year presented a number of challenges, most of which we have been able to overcome together, with grace and patience, and more than a little hope and faith. It is my prayer that we continue to seize the second chances we are offered in life, that we continue to grow in faith, hope, and love, and that all of you come to visit us so that like Peter Pan teaches the Darling children, you can discover how Academy of Our Lady can teach your children to fly!



You can support OLMC via Venmo!

Find us under "Charities" @olmcridgewoodnj
or scan the QR code here.



Religious Education
When Families Gather

Parents Only Session

Monday, January 27th—7PM-8PM—Parish Center

INSPIRE: Young Adult Ministry Hosting

Marriage Panel

Join us for a panel discussion and Q & A
with married couples
sharing their personal experiences.



Friday, February 5, 2025—7:30PM
52 Passaic St., Lower Level of the School Bldg.
(enter through the rear door)



**MARRIAGE ENRICHMENT
&
MARRIAGE PREPARATION**

Thursday Evenings—8PM-9PM
January 30—April 3

Retreat Saturday, April 5
Lower Level of the School Building

- ◆ Do you see a need for a more Christ-centered marriage?
- ◆ Are you interested in living out the sacrament of marriage more deeply?
- ◆ Are you preparing to enter marriage? If so, this course fulfills the marriage preparation requirement.

This course is open to all couples—both those who are already married and those who are preparing for marriage.

For more information or to register,
contact Fr. Jakov
jvidov@olmcridgewood.com or 201.444.2000 x202



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DRAWINGS BEGIN EARLY MARCH

TICKETS ARE ALSO AVAILABLE IN THE MT. CARMEL RECTORY OFFICE
MONDAY-FRIDAY, 9AM-4PM

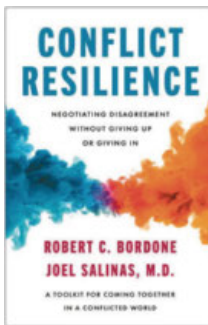
**Having Difficult Conversations:
Tools for Speaking with Those We Love and Those We
(Sometimes) Don't**

As Christians we are called to act with charity toward all. But when we have strong disagreements with each other, charity often yields to fractious fighting or unhealthy avoidance, neither of which build positive relationships or advance God's reign. As Catholic Christians, how can we be true to ourselves, to others, and to our relationships through our disagreements?



In this talk, Bob Bordone, author of the upcoming book *Conflict Resilience: Negotiating Disagreement Without Giving Up or Giving In*, will introduce the concept of *conflict resilience* and offer strategies for how to navigate our most difficult conversations at home, work, church, and school.

Bob is Senior Fellow at Harvard Law School, the Founder of Harvard Law School's Negotiation and Mediation Clinical Program, and the founder of the Cambridge Negotiation Institute. He is an active member of the Pastoral Council at the Paulist Center in Boston, MA and also serves on the Advisory Committee of the Paulist Fathers National Initiative on Toxic Polarization and on the Catholic Common Ground Initiative. He is originally from Washington Township, NJ and is a graduate of Bergen Catholic High School.



Speaking Dates

Tuesday, February 4th 7:00-9:00 PM (starts with 30 min. social) @ **Church of the Presentation Community Room, Upper Saddle River**

Wednesday, February 5th 7:00-9:00 PM
(starts with 30 min. social)

@ **Our Lady of Mt. Carmel Parish Center, Ridgewood**

Special session for mothers:

Wednesday, February 5th 9:15-11:00 AM

@ **Our Lady of Mt. Carmel Parish Center, Ridgewood**

RSVP not required, however, to be notified about when you can pick up a free copy of the speaker's new upcoming book, *Conflict Resilience: Negotiating Disagreement Without Giving Up or Giving In* sign-up via the QR Code. Books are given away on a first come basis (due out in March, 2025).



First Saturday Devotion
This Coming Saturday—February 1st

DAILY MASS CHAPEL
FOLLOWING 8:30AM MASS

Everyone's invited to First Saturday Devotion for the intention of consoling and making reparation to the Immaculate Heart of Mary. Please come to pray the rosary with us and meditate on the mysteries as Our Lady requested at Fatima.



**PERPETUAL EUCHARISTIC ADORATION
(PEA)
CHAPEL IS OPEN 24/7
EVERYONE IS WELCOME!**

Everyone is invited to participate in Perpetual Eucharistic Adoration. Stop by the chapel any time or, better yet, sign up for one Holy Hour that is good for you. Not sure of your schedule? Sign up as a Substitute Adorer.

SCHEDULED ADORERS URGENTLY NEEDED

Sundays: 1-2AM, 5-6AM; Thursday: 10-11AM, 4-5PM;

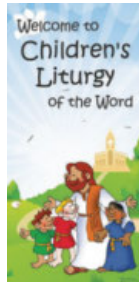
Fridays: 2-3AM, 6-7PM; Saturdays: 5-6PM

Contact Cynthia—551.574.1063, cynthiabtorres@yahoo.com

**Children's Liturgy of the Word
Assistants Needed
Sundays, 9:30AM Mass**

Parents/grandparents, bring your little ones (Pre-K through Grade 3) to this Mass. After Opening Prayer, the children are invited up to the altar and led to Our Lady's Chapel where they hear the Sunday scripture readings in a simpler language. The children return to the church before the Offertory. The kids (and parents) are so grateful. We do Children's Liturgy every Sunday.

Please consider volunteering to assist our Children's Liturgy leaders. A helping hand is all we need! The more volunteers we have, the less time people need to commit! If you work during the week, this ministry is a perfect opportunity for you to get involved. Our goal is to have the children of our parish enjoy coming to Mass and learn about God's love for them.



For more information and to volunteer, contact:
Angela Krempel at a_krempel@hotmail.com

**Archdiocesan Ministry
My Beautiful One**



Have you or someone you know received a prenatal diagnosis? If so, you are not alone.

My Beautiful One is a ministry of accompaniment, serving parents carrying to term following a prenatal diagnosis. Our service is free and focuses on meeting the pastoral needs of expectant parents as they

seek to honor the life of their baby, no matter how frail or how brief.

For information or support, email us at my.beautiful.one@rcan.org or visit our website www.rcan.org/my-beautiful-one. One of our Parent Care Coordinators, Leah Sonnick or Kathleen Ranft, will respond to your inquiry within 24 hours.



My Beautiful One ministry does not provide healthcare advice or treatment, does not collect any payments for services provided, and is not a covered entity engaging in covered transactions under HIPAA.

THE WEEK AHEAD

Sun. Jan. 26	1:30PM OCIA (MR) 1:30PM Bell Choir (PCB) 2:00PM CYO Basketball (Gym) 4:00PM Spanish Apostolate (PCA) 5:00PM Jr. High 8C (PC) 7:30PM Morbelli/Romero Conf. Group (YCA) 7:30PM Jr. High 8D (PC)
Mon. Jan. 27	3:45PM Children of the Eucharist (Chapel) 4:30PM CYO Basketball (Gym) 7:00PM WFG Parent Only Session (PC) 7:30PM Finance Council Meeting (MR)
Tues. Jan. 28	9:30AM Grace Within Journal Group (SMR) 4:00PM Religious Ed Grades 1-6 (Gym) 5:00PM Choir Rehearsal (Church) 5:30PM CYO Basketball (Gym) 7:00PM ChristLife Discovering Christ (PC) 7:00PM Neocatechumenal Way (NCW)
Wed. Jan. 29	3:45PM Jr. High Grade 8 Makeup (PCA) 4:00PM WCST C of P Team Meeting (Lib) 4:30PM CYO Basketball (Gym) 7:00PM Neocatechumenal Way (NCW) 7:00PM Spanish Choir Rehearsal (Church)
Thur. Jan. 30	10:30PM Sunday Liturgy Scripture Study (SMR) 3:30PM Jr. High Youth Group (Gym) 4:30PM CYO Basketball (Gym) 5:30PM NCW 3 rd Community (YCB)
Fri. Jan. 31	9:00AM SALT (SMR) 10:30AM WCST Bible Study (Library) 4:30PM CYO Basketball (Gym)
Sat. Feb. 1	9:00AM CYO Basketball (Gym) 9:00AM Men's Basketball (Gym) 9:00AM AoOL Girls Basketball (Gym) 6:00PM Neocatechumenal Way (PC)

PLEASE PRAY FOR THE ILL MEMBERS OF OUR PARISH

Joan Donegan Alsas, Andrea Aluisi, Bill Bartlett, Frederick Bruno, Mike Bucci, Charles Buckley, Kimberly Parsons Daub, Nick DiDonato, Maura Gillen Eidschun, Marie Evans, Kay & Bill Forster, Frank Gillen, Susan Hart-White, Joseph Hyon, Marc Johnson, Tom Keleher, Claudia LaFrance, Susan Lois, Campbell McArthur, Christine O'Brien, David Oswald, Margaret Peak, Mary Kathleen Range, Cathy Ricciuto, Francis Tedaro Ristor, Michael Runz, Nancy Steen, Don Strittmatter, Larry Switaj, Nickolas John Tedaro, Christina Volpe, Rochelle West, Rosemary Wright, Walter John Zelop, Jr.

Parishioners may call the Rectory with the name of a family member who is sick to have them included in our prayers.

PLEASE PRAY FOR OUR PARISHIONERS SERVING IN THE MILITARY:

Timothy Bombace, Aedan Cannon, Edgar Delgado, Nick Haddad, Durkin McCarthy, John Morano, James Nardelli, Robert Smith, Thomas Tesoriero



Monday, Jan. 27 *Saint Angela Merici,
Virgin and Religious Founder*

- + **6:30AM Joe Lamela**
req Russ & Marianne Titus
- + **8:30AM Robert Delaney**
req Ed & Eileen Halsch
- + **12:00NN Bill Frank**
req Erica & Rich Dunckley

Tuesday, Jan. 28 *Saint Thomas Aquinas,
Priest and Doctor of the Church*

- + **6:30AM Luis Poblete Vera**
req Leah Vera
- + **8:30AM Joseph T. Piroso**
req Gardner & Kathy Yeaw
- + **12:00NN Jose Arango Sarmiento**
req Elisa Velasco & Family

Wednesday, Jan. 29

- + **6:30AM Josephine Carpino**
req The Littlewood Family
- + **8:30AM Barbara & Eileen Wells**
req Their Family
- + **12:00NN Deceased Family & Friends**
req Irma Obal Lucca

Thursday, Jan. 30

- + **6:30AM Bob Delaney**
req Christine Moomjy
- + **8:30AM Agustina Gonzalez**
req Her Family
- + **12:00NN Luis Poblete Vera**
req Leah Vera

Friday, Jan. 31 *Saint John Bosco, Priest*

- + **6:30AM Giovanna Piccinich**
req Stefano & Domenica Bussanich
- 8:30AM In Thanksgiving
to the Blessed Virgin Mary**
req The Encarnacion Family
- + **12:00NN Bob Delaney**
req The Vermynen Family

Saturday, Feb. 1

- + **8:30AM Martha Troxell**
req Mr. & Mrs. Thomas S. Flynn
- + **5:30PM Moira McGrath**
req Grace & Pat Gallo

Sunday, Feb. 2 *The Presentation of the Lord*

- + **8:00AM Maria Morin Picinic**
req Mary & Al Tarabocchia
- + **9:30AM Katherine Garry**
req John & Jean Boyle
- + **11:00AM Ophelia Farnsworth**
req Priscilla Farnsworth
- 12:30PM For the People of the Parish**
- + **3:00PM Herbie Engel**
req Richard & Patricia Engel
- + **6:30PM Marilyn Jacoby**
req Claire & Timothy Cullen

TODAY'S READINGS

1. Nehemiah 8:2-4, 5-6, 8-10

Ezra and Nehemiah were entrusted with rebuilding the community of Israel after the return from exile. This rebuilding was not only of the Temple and the city walls, but it was also an interior rebuilding, of the heart. In today's text, Ezra addresses an assembly that had lost touch with its roots in the law during the exile, and reading from the Torah, he invites the assembly to accept the crucial role the Torah has for their well-being. For its part, the assembly receives the word with fervor, raising their hands, lying prostrate on the ground, shedding tears and eventually rejoicing that God is once again with them.

2. 1 Corinthians 12:12-30

Paul uses the body-parts imagery to remind the Corinthians of the blessed diversity of the Body of Christ, as well as their harmonious complementarity. While there are as many members as in a human body, the one Spirit is their source of unity. It is the one glorified body of Jesus to which all belong, whether Jew or Greek, slave or free. And the mutual respect of all members of the community for one another is likewise rooted in that same Spirit, regardless of some having higher functions than others. Every member needs every other member.

3. Luke 1:1-4; 4: 14-21

In this excerpted text, Luke presents his own rationale for writing and Jesus' announcement for His reason for coming into the world. Both reasons were to offer the good news to a world so much in need of this message. Luke acknowledges the existence of other, older versions of the good news but adds his own to give certainty to those who were hearing it without the benefit of experiencing Jesus Himself. In His use of this text from Isaiah, Jesus announces that the Messianic age has begun in Him; He declares Himself to be the Anointed One, the fulfillment of all the prophetic promises that have gone before Him.

REFLECTIONS FOR THE WEEK

1. Reflecting on this *Word of God Sunday* and taking a cue from the people in the 1st Reading, do you give yourself enough time and openness with Scripture to let the power of God's word take hold of you and form you in the way you live?
2. Taking a cue from the 2nd Reading, do you view all members of the community (parish) as people whose gifts are invaluable for the good of the whole?
3. As a "believer," how do you participate in "bringing glad tidings to the poor, liberty to captives, recovery of sight to the blind"?

NEXT WEEKEND'S PRESIDERS

Sat. 2/1	5:30PM	Fr. Ron
Sun. 2/2	8:00AM	Fr. Frank
	9:30AM	Fr. Ron
	11:00AM	Fr. Frank
	12:30PM	Fr. Frank
	3:00PM	Visitor
	6:30PM	Fr. Ron

Late changes appear on the website after 12NN the Saturday of that weekend.



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50 W Ridgewood Ave, Ridgewood, NJ 07450

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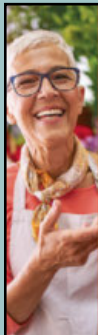
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